

YOUTH MENTAL HEALTH FIRST AID COURSE

MAY 5TH 9:00-5:00

GLEN ROCK BOROUGH HALL

- For: parents, teachers, any adults who regularly interact with youth (12-18)
- Learn: common youth mental health challenges
- Take away: a 5-step action plan

FREE

***REGISTRATION
REQUIRED**

**CALL 201-670-3956 TO REGISTER.
SPACE IS LIMITED TO FIRST 35**

CONTINENTAL BREAKFAST & LUNCH WILL BE PROVIDED

**SPONSORED BY THE GLEN ROCK BOARD OF HEALTH &
BERGEN COUNTY DEPT OF HEALTH & HUMAN SERVICES**